



Health and Safety Policy

At MRF Contracting, the health and safety of our employees, contractors, clients, and the public is our topmost priority. We are committed to creating and maintaining a safe and healthy work environment for all individuals associated with our operations. This Health and Safety Policy reflects our dedication to preventing workplace injuries, ill-health and ensuring the well-being of everyone involved in our business activities.

1. **Legal Compliance:** We pledge to comply with all relevant health and safety laws, regulations, and standards applicable to our industry. This includes but is not limited to local, state, and federal health and safety requirements.
2. **Risk Management:** We will identify, assess, and control potential health and safety risks associated with our work activities, processes, and equipment. Our aim is to prevent accidents, incidents, and work-related illnesses through proactive risk management strategies.
3. **Employee Involvement:** MRF Contracting recognises that the involvement and cooperation of our employees are crucial for a successful health and safety program. We encourage open communication, active participation, and feedback from all staff to improve our safety measures continuously.
4. **Training and Competency:** We are committed to providing adequate training and resources to our employees to ensure they possess the necessary knowledge and skills to perform their tasks safely and efficiently.
5. **Continuous Improvement:** MRF Contracting is dedicated to continually improving our health and safety performance. This includes reviewing our policies, procedures, and practices regularly to ensure they remain effective and relevant.
6. **Safety Culture:** We strive to foster a safety culture where all employees take responsibility for their safety and the safety of their colleagues. Reporting hazards, near misses, and incidents promptly is an essential aspect of our safety culture.
7. **Emergency Preparedness:** We will establish and maintain emergency response plans and procedures to effectively manage and mitigate potential emergencies or accidents that may arise during our operations.
8. **Personal Protective Equipment (PPE):** MRF Contracting is committed to providing appropriate personal protective equipment to our employees and ensuring its proper use. Employees are expected to wear PPE as required and participate in relevant training programs.



9. **Contractors and Visitors:** We will communicate our health and safety expectations to contractors and visitors and ensure that they comply with our safety policies while on our premises or working on our behalf.
10. **Environmental Responsibility:** In addition to safeguarding the health and safety of individuals, we are also dedicated to minimising our environmental impact through sustainable practices and waste management.
11. **Health and Safety Communication:** Effective communication is vital for maintaining a safe work environment. We will ensure that health and safety information is readily available, accessible, and clearly communicated to all relevant parties.
12. **Management Responsibility:** Management at all levels will demonstrate their commitment to health and safety through active involvement, support, and allocation of necessary resources to achieve our safety objectives.
13. **Conclusion:** MRF Contracting aims to achieve excellence in health and safety management by instilling a safety-first mindset. Through adherence to this policy, we will protect the health and well-being of all personnel while striving for continuous improvement in our health and safety performance.

A handwritten signature in black ink, appearing to read "Archie Montgomery", is positioned above the printed name.

Archie Montgomery- Partner

15.01.2025